

## The counselling centre

The counselling centre is part of the AWO Oberbayern Organisation. It welcomes all people irrespective of their origin, religion or orientation.

Our aim is to help people and to improve their situation.



# AWO-BERATUNGSSTELLE FÜR ELTERN, KINDER UND JUGENDLICHE

Garching, Ismaning und Unterföhring

## Donations

We do appreciate your donation. At any time our advice is free of charge and independent of donations.

IBAN: DE32 3702 0500 0001 6985 11  
BIC: BFSWDE33MUE

## Information and registration

For further information or to book a first appointment please contact us on:

### AWO-Beratungsstelle für Eltern, Kinder und Jugendliche

Römerhofweg 12 85748 Garching

### Außensprechstellen

Niels-Bohr-Straße 11

An der Torfbahn 3

St.-Florian-Straße 5

Schulstraße 3

85748 Garching

85737 Ismaning

85774 Unterföhring

85774 Unterföhring

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BERATUNGSSTELLE | COUNSELLING CENTRE  
English Version



Supported as educational counselling centre by:



Bayerisches Staatsministerium für  
Arbeit und Soziales, Familie und Integration



Bezirksverband  
**Oberbayern e.V.**

## Our offer

### Counsel and help:

Our centre has a team of professionals from different backgrounds and skills whose aim is to provide advice and counselling for parents, children and young people, and help with their questions, difficulties or problems.

You are welcome to contact us, tell us your problem – either by yourself or with your family or with another trusted person. Together we will try to find solutions. Sometimes just a conversation helps, sometimes more support is needed.

### We support

- ☞ individuals
- ☞ the whole family
- ☞ educational staff

### We work with

- ☞ children individually
- ☞ children in groups
- ☞ parents individually or together
- ☞ groups for adults
- ☞ other institutions

### We work closely with

- ☞ all family members
- ☞ other people who are involved
- ☞ teachers
- ☞ social youth workers

### We also provide

- ☞ educational and psychological tests, f.i. dyslexia, dyscalculia or literacy

## Who can come?

### Parents, mothers, fathers or any other people

- ☞ who have questions concerning education
- ☞ who are worried about their children
- ☞ who have questions concerning separation and divorce
- ☞ whose children have difficulties at school or in Kindergarten
- ☞ who feel overstressed with aspects of education
- ☞ who have difficulties in their family
- ☞ who argue a lot within the family

### Children and teenagers

- ☞ who have problems in their family or with their friends or at school, vocational education or their development
- ☞ who feel permanently miserable
- ☞ who have experienced violence
- ☞ who have experienced physical or mental abuse

### Specialists and teachers

- ☞ with questions concerning the handling of children and teens
- ☞ who are being asked to offer help

## Why come to us?

### Some examples:

#### Parents:

- ☞ We are arguing.
- ☞ My child has difficulties with reading, writing, calculating.
- ☞ My child is restless and can hardly concentrate.
- ☞ My child wets the bed and sleeps poorly.
- ☞ We have questions concerning educational matters.
- ☞ Is my child ready to start school?
- ☞ How to support children following bereavement, separation or divorce?

#### Kids and young people:

- ☞ My classmates are mean, I am being bullied and I feel alone.
- ☞ We argue about homework.
- ☞ My parents don't understand me.
- ☞ My father/my mother beats or slaps me sometimes.
- ☞ I don't get along well in school.
- ☞ I can't stand the pressure anymore.
- ☞ I feel lonely and sad.

voluntary, free of charge,  
professional discretion